

Bandung Independent School Extracurricular Activities Program Monday 29 January – Friday 1 June, 2018

ACTIVITY	GRADES	LEADER/S	TIME	FINISH DATE	VENUE	COST EQUIPMENT	ADDITIONAL INFORMATION
Swim Club- Advanced Swim Training	Grade 4 and up but must be able to swim a minimum of 50m effectively in all 4 strokes.	Swim Coach: Pak Kudus Team managed by Mr. Lane & Parents	6:15 – 7:30 am	Finishes Monday 22 May	BIS Swimming Pool	Rp 300,000,- each per semester	Advanced Swim Training, open to all swimmers who are able to swim a minimum of 50m effectively in all 4 strokes. Tournament fees, travel, and accommodation costs are additional to coaching fees.
Business Club	Grades 6 to 12	Mr. Jeff	12.30 – 1.00 pm	Finishes Monday 28 May	Secondary Humanities classroom	No cost	This is a general discussion group about business practices and investments.
KodeKiddo Computer programming	Grades 2 to 6	Classes are run by the Kodekiddo organisation	2.50 – 3.50 pm for Grades 2 to 4 4.00 – 5.00 pm for Grades 4 to 6	Finishes Monday 28 May	Computer Lab	Rp1,6 juta each for 16 sessions	Kodekiddo is a professional Computer Coding course for young people. Students will learn the essential of Computer programming, vital career skills of the future. You can find out more by visiting the website: https://kodekiddo.com/ There is a minimum of 16 students required for each session.
Gymnastics	Grades EC3 to Grade 6	Pak Ade & Rima and Pak Samaun	2.50 – 3.50 pm	Finishes Monday 28 May	Covered	Rp500,000,- each	Min. 8 students/Max. 20 students Wear clothing suitable for vigorous activity and use hair ties for long hair.
Buccaneers Football	EC3 to Grade 6	Football Plus coaches	2.50 – 3.50 pm	Finishes Monday 28 May	Sports Field If raining, will move to covered court area.	Rp500,000,- each	Wear football boots and shin pads for training on Sports Field. Also bring sports shoes to train on covered court in case of wet weather.
French Homework Club	Grades 6 to 10	Madame Fanny	2.50 – 3.35 pm	Finishes Monday 28 May	French language classroom	No cost	Get help with your French language homework. Max.: 10 students

月曜日 Lundi सोमवार Montag 星期一 MONDAY Senin Lunes 월요일 Maandag ા 보다

Intermediate Swim Class	Open to all grades but must meet eligibility criteria	Pak Deni with assistant coaches	2.50 – 3.50 pm	Finishes Monday 28 May	BIS Swimming Pool	Rp400,000,- if once a week Rp600,000,- if twice a week	Must demonstrate basic proficiency in deep water and be able to swim one width of pool either Freestyle or Breaststroke. Please arrange a testing session with Pak Deni to determine suitability. If training twice a week, sessions are on Mondays and Fridays.
Swim Club- Advanced Swim Training	Grade 4 and up but must be able to swim a minimum of 50m effectively in all 4 strokes.	Swim Coach: Pak Chairul Team managed by Mr. Lane & Parents	4.00 – 5.30 pm	Finishes Monday 22 May	BIS Swimming Pool	Rp 1,000,000,- each per semester	Advanced Swim Training, open to all swimmers who are able to swim a minimum of 50m effectively in all 4 strokes. Tournament fees, travel, and accommodation costs are additional to coaching fees. ES students must be enrolled in an ECA 3 to 4 pm to join Swim Training 4 pm.
Tai Chi Study Group	HS students, Parents & Staff & friends of BIS community	Mr. Hector & Mrs. Gilleece	3.30 – 4.00 pm	Finishes Monday 28 May	EC Play area	No cost	Develop calmness and an appreciation of the bigger picture using a Chinese method of moving meditation. Wear loose, comfortable clothing. New students will learn the short 8 pattern form and 8 Energy movements.
IISSAC Boys and Girls Basketball Training	Grades 6 to 12	Girls' coach: Mr. Jeff with Pak Gempar Boys' coach: Mr. Russell with Pak Karsiman	3.50 – 6.00 pm Training is on Mondays, Wednesdays, & Fridays	IISSAC Basketball training is focused on getting ready for the tournament Finishes Sunday 25 February	BIS Covered Court	Selected IISSAC students will need to cover the cost of coaching, transport and accommodation for the Basketball tournament, cost for these to be advised later.	12 girls and 12 boys will be selected to represent BIS in the IISSAC tournament on Fri' 23 to Sun' 25 February, 2018. Must commit to training and maintain good academic record. Students will develop basketball skills, teamwork, and personal leadership ability with an aim to win the tournament.

火曜日 Mardi मंगलवार Dienstag 星期二 **TUESDAY** Selasa Martes 화요일 Dinsdag માટે પ્રા

Environmental Club	Grades 6 to 12	Mr. Russell	12.25 – 1.05 pm	Finishes Tuesday 29 May	Computer Lab	No cost	Students may be asked to participate in the planning and organization of Earth Day, and other environmental awareness activities.
Learn to Swim	Open to all grades	Pak Deni & assistant coaches	1.10 – 2.00 pm	Finishes Tuesday 29 May	BIS Swimming Pool	Rp500,000,- each	A parent or guardian needs to accompany each Elementary age child to help with showering and changing. Min.: 6 students Max.: 16 students
National Exam Preparation	Grade 9 and Grade 12	Pak Dadan and external tutors	2.50 – 4.00 pm	Finishes Tuesday 29 May	Indonesian Rooms 1 & 2	Rp500,000,- each for Ujian Nasional guidebook and tutors	 Min. of 5 per grade level This ECA is offered to Indonesian nationality students who want to prepare for National Exam in April/ May 2018. The subjects are: G9: Math, Indo, Science, English G12: Math, Indo, English, Science/ Social subjects Open to Grade 8 and 11 as well The lessons will be taught by BIS and Non-BIS Staff
Modern Dance	EC2 to Grade 8	Ibu Shindy	4.00 – 5.00 pm	Finishes Tuesday 29 May	Auditorium	Rp500,000,- each	Min.: 8 students/Max.: 20 students Students may perform at school events. There is an additional fee for clothing for these events. ES students must be enrolled in an ECA from 3 to 4 pm or attending Religion class at 3 pm to join Modern Dance.
ES Badminton	EC3 to G5	Pak Fahmi	2.50 – 3.50 pm	Finishes Tuesday 29 May	Covered	Rp500,000,- each	Min.: 6 students Max.: 16 students Racquets supplied but recommended to bring your own.

Swim Club	G1 and up	Swim Coach: Pak Kardjono Team managed by Mr. Lane & Parents	3.00 to 4.00 pm	Finishes Tuesday 22 May	Swimming Pool	Rp 2,000,000,- each per semester	Focus is for young swimmers to develop stroke technique in all strokes. Tournament fees, travel and accommodation are additional to coaching fees.
Swim Club- Advanced Swim Training	Grade 4 and up but must be able to swim a minimum of 50m effectively in all 4 strokes.	Swim Coach: Pak Kardjono Team managed by Mr. Lane & Parents	4.00 to 5.30 pm	Finishes Tuesday 22 May	Swimming Pool	Rp 2,000,000,- each per semester	Advanced Swim Training, open to all swimmers who are able to swim a minimum of 50m effectively in all 4 strokes. ES students need to sign up for an ECA from 3.00 to 4.00 pm if signing up for the 4.00 pm session.
Guitar & Bass guitar tuition	Grades 4 and up	Pak Bramania	2.50 – 3.50 pm for students not in Religion classes 4.00 – 5.00 pm for students who join Religion classes	Finishes Tuesday 29 May	Music room	If 6 students = Rp500,000,- each If 5 students = Rp600,000,- each If 4 students = Rp750,000,- each If 3 students = Rp1,000,000,- each	Min.: 3 students Max.: 6 students To develop guitar & bass guitar skills with Pak Bramania, Principal of Salamnder Music School. It is recommended to bring own guitars. You can discuss purchasing advice with Mr. Ashworth if required.
MS/HS Badminton	Grades 6 to 12	Pak Fahmi Training overseen by Mr. Markey	4.00 – 5.30 pm	Finishes Tuesday 29 May	Covered court	Rp550,000,- each If you sign up for both Tuesdays & Thursdays total fee is Rp1 million each	Progress your Badminton skills with the objective of participating in a tournament. Max: 16 students each for the different sessions Racquets supplied but best to purchase your own.

水曜日 Mercredi बुधवार Mittwoch 星期三 WEDNESDAY Rabu Miércoles 수요일 Woensdag 양년 보기

ACTIVITY	GRADES	LEADER/S	TIME	FINISH DATE	VENUE	COST OR EQUIPMENT	ADDITIONAL INFO
Twinkle Twinkle Star Club	Grades 9 to 12	Ms. Katie	12.25 – 1.05 pm	Finishes Wednesday 30 May	Grade 3 classroom	No fee	The Twinkle Twinkle Little Star club works with "YKAKI" (Yayasan Kasih Anak Kanker Indonesia), a local charity that helps local children with cancer living in poverty. Students organize fundraisers to help support the families of cancer patients. Students have also taken trips to hospitals, and planned activities with the patients to brighten their day.
Learn to Swim	Open to all grades	Pak Deni & assistant coaches	2.50 – 3.50 pm	Finishes Wednesday 30 May	BIS Swimming Pool	Rp500,000,- each	A parent or guardian needs to accompany each Elementary age child to help with showering and changing. Min.: 6 students Max.: 16 students
Junior Basketball for Boys & Girls	Grade 1 to Grade 5	Pak Gempar & Pak Samaun	2.50 – 3.50 pm	Finishes Wednesday 30 May	Covered court	Rp500,000,- each	Min.: 6 students Max.: 16 students Learn basic skills of basketball, game collaboration, and apply simple rules of the game.
BIS Choir for ES students	Grade 1 to Grade 5	Ibu Vina	3.00 – 3.50 pm	Finishes Wednesday 30 May	Auditorium	Rp500,000, each	Develop vocal techniques and singing ability in an ES Choir. The BIS Choir will aim to perform in school events.
Baseball Club	Grades 2 to 6	Mr. Lane	3.00 – 3.45 pm	Finishes Wednesday 30 May	Sports Field	No cost	Will move to Covered court no.2 if raining
Gamelan Degung; traditional Indonesian music	Grades 4 and up	Mr. Ashworth	2.50 – 3.50 pm	Finishes Wednesday 30 May	Music classroom	No cost	Group may be asked to perform for special events such and lunchtime concerts.
BIS Choir for MS/HS & BIS Community	Grade 6 to 12, Parents & Staff	Ibu Vina	4.00 – 5.00 pm	Finishes Wednesday 30 May	Auditorium	Rp500,000, each	Develop vocal techniques and singing ability with members of the BIS Community. The BIS Choir will aim to perform in school events.

水曜日 Mercredi वृधवार Mittwoch 星期三 WEDNESDAY Rabu Miércoles 수요일 Woensdag الأرب عاء

Swim Club- Advanced Swim Training	Grade 4 and up but must be able to swim a minimum of 50m effectively in all 4 strokes.	Swim Coach: Pak Chairul Team managed by Mr. Lane & Parents	4.00 – 5.30 pm	Finishes Wednesday 23 May	BIS Swimming Pool	Rp 1,000,000 each per semester	Advanced Swim Training, open to all swimmers who are able to swim a minimum of 50m effectively in all 4 strokes. Tournament fees, travel, and accommodation costs are additional to coaching fees. ES Swimmers needs to sign up for an ECA from 3 to 4 pm on Wednesdays.
Beginners BIS Aikido Club	Grades 3 to 6	Pak Yudi	2.50 – 3.50 pm	Finishes Wednesday 30 May	Aikido training room	Rp500,000,- each.	Aikido is a non-violent martial art that enhances body sensitivity, and intuitive awareness.
Intermediate BIS Aikido Club	Grade 6 and up, Parents, BIS staff, and friends of BIS community	Pak Yudi	4.00 – 5.00 pm	Finishes Wednesday 30 May	Aikido training room	Rp500,000,- each.	Students may undergo an examination for belt levels every 6 months. There is an additional fee for exams. Students are recommended to purchase a training gi (uniform), Rp85,000,- for thin material or Rp110,000,- for thick material. Exam and gi fees are additional to the training fee.
Drumming tuition	Grades 3 to 12	Pak Agus	4.00 – 5.00 pm	Finishes Wednesday 30 May	Music room	If 6 students = Rp600,000,- each If 5 students = Rp675,000,- If 4 students = Rp750,000,- each If 3 students = Rp1,000,000,- each If 2 students = Rp1,500,000,- each	Min.: 2 students Max.: 6 students Pak Agus is an experienced Drumming tutor at the Salamnder Music School. ES students must be enrolled in an ECA from 3 to 4 pm to join Drumming tuition.
IISSAC Boys and Girls Basketball Training	Grades 6 to 12	Girls' coach: Mr. Jeff with Pak Gempar Boys' coach: Mr. Russell with Pak Karsiman	3.50 – 6.00 pm Training is on Mondays, Wednesdays, & Fridays	Finishes Sunday 25 February	BIS Covered Court	Selected IISSAC students will need to cover the cost of coaching, transport and accommodation for the Basketball tournament, cost for these to be advised later.	12 girls and 12 boys will be selected to represent BIS in the IISSAC tournament on Fri' 23 to Sun' 25 February, 2018. Must commit to training and maintain good academic record. Students will develop basketball skills, teamwork, and personal leadership ability with an aim to win the tournament.

木曜日 Jeudi শুংবাং Donnerstag 星期四 **THURSDAY** Kamis Jueves 목요일 Donderdag الفديس

ACTIVITY	GRADES	LEADER/S	TIME	FINISH DATE	VENUE	COST OR EQUIPMENT	ADDITIONAL INFO
Elementary Student Council	Grades 1 to 5 Representatives to be selected by each ES grade	Mr. Lane & Mr. Markey	12.30 – 1.00 pm	Thursday 31 May	Grade 4 classroom	No cost	To promote student leadership and student action aimed at helping BIS students, community members and others.
Oil Painting class	Grades 6 to 10	Pak Dikri	2.50 – 3.50 pm	Thursday 31 May	Elementary Art room	No cost however students will be required to bring own materials such as oil paints and canvas.	Students will learn oil painting techniques. Max.: 6 students
Yoga	Grades 6 to 12, Parents & Staff	Mr. Singh	4.00 - 4.45 pm	Finishes Thursday 31 May	Auditorium	No cost	Get to know yourself and live a healthy life. Max: 16 Yoga mats supplied however bring your own mat if you have one. Wear comfortable clothing for Yoga movements.
Swim Club	Grade 1 and up	Coach: Pak Kardjono Team managed by Mr. Lane & Parents	3.00 to 4.00 pm	Finishes Thursday 24 May	BIS Swimming Pool	Rp 2,000,000,- each per semester	Focus is for young swimmers to develop stroke technique in all strokes. Tournament fees, travel and accommodation are additional to coaching fees.
Swim Club- Advanced Swim Training	Grade 4 and up but must be able to swim a minimum of 50m effectively in all 4 strokes.	Coach: Pak Kardjono Team managed by Mr. Lane & Parents	4.00 to 5.30 pm	Finishes Thursday 24 May	BIS Swimming Pool	Rp 2,000,000,- each per semester	Advanced Swim Training, open to all swimmers who are able to swim a minimum of 50m effectively in all 4 strokes. Tournament fees, travel, and accommodation costs are additional to coaching fees. ES students need to sign up for an ECA from .3.00 to 4.00 pm if signing up for the 4.00 pm session.

木曜日 Jeudi गुरुवार Donnerstag 星期四 **THURSDAY** Kamis Jueves 목요일 Donderdag ル스트

Mad Scientist Club & Mindful Mandalas	EC3 to Grade 2	Ms. Colleen & Ms. Christine	3.00 – 4.00 pm	Finishes Thursday 31 May	EC3 classroom	Rp300,000,- each for cost of materials.	Max.: 10 students This ECA is separated into two parts. The first part – 9 sessions, will develop students' observational and scientific skills through fun and interactive ways. The second part – 8 sessions, encourages children to focus and relax in creative ways through the use of mandalas.
MS/HS Badminton	Grades 6 to 12	Pak Fahmi Training overseen by Mr. Markey	2 separate sessions; 3.00 – 4.00 pm 4.00 – 5.30 pm	Finishes Thursday 31 May	Covered court	Rp500,000,- each participant for 3 to 4 pm sessions Rp550,000,- each participant for 4 to 5.30 pm sessions If you sign up for both Tuesdays & Thursdays total fee is Rp1 million each	Progress your Badminton skills with the objective of participating in a tournament. Max: 16 students each for the different sessions Racquets supplied but best to purchase your own.
RLN Club (Refugee Learning Nest)	Grades 2 to 12	Mrs. Hamilton	3.00 – 4.00 pm	Finishes Thursday 31 May	Grade 6 room	There will be some trips to Bogor to visit and help the school for refugee children. Cost for trips to be advised.	The Refugee Learning Nest is a school for refugee children in Bogor who are waiting to be resettled by the UNHCR. This club will continue this partnership and support the school in a variety of ways.
IB Tutoring	IB students only	Tutoring by IB students. Supervised by Mr. Ken	3.45 – 4.30 pm	Finishes Thursday 26 April	GPC room	No cost	Seon Yeong, Tanya and Duncan are ready to assist DP students in studying their DP Science and DP Math subjects.

金曜日 Vendredi शुक्रवार Freitag 星期五 **FRIDAY** Jumat Viernes 금요일 Vrijdag

ACTIVITY	GRADES	LEADER/S	TIME	FINISH DATE	YENUE	COST/EQUIPMENT	ADDITIONAL INFO
Swim Club- Advanced Swim Training	Grade 4 and up but must be able to swim a minimum of 50m effectively in all 4 strokes.	Swim Coach: Pak Kudus Team managed by Mr. Lane & Parents	6:15 – 7:30 am	Finishes Monday 22 May	BIS Swimming Pool	300,000 each per semester	Advanced Swim Training, open to all swimmers who are able to swim a minimum of 50m effectively in all 4 strokes. Tournament fees, travel, and accommodation costs are additional to coaching fees.
Beads Arts & Crafts	Grade 4 and up	Irma A. & Hanny	2.50 – 3.50 pm	Finishes Friday 1 June	EC3 classroom	Rp250,000,- for cost of materials	This arts & craft activity helps concentration and students will create beautiful arts & crafts pieces.
Intermediate Swim Class	Open to all grades but must meet eligibility criteria	Pak Deni with assistant coaches	2.50 – 3.50 pm	Finishes Friday 1 June	BIS Swimming Pool	Rp400,000,- if once a week Rp600,000,- if twice a week	Must demonstrate basic proficiency in deep water and be able to swim one width of pool either Freestyle or Breaststroke. Please arrange a testing session with Pak Deni to determine suitability. If training twice a week, sessions are on Mondays and Fridays.
Swim Club- Advanced Swim Training	Grade 4 and up but must be able to swim a minimum of 50m effectively in all 4 strokes.	Swim Coach: Pak Chairul Team managed by Mr. Lane & Parents	4.00 – 5.30 pm	Finishes Friday 25 May	BIS Swimming Pool	Rp 1,000,000 per semester	Advanced Swim Training, open to all swimmers who are able to swim a minimum of 50m effectively in all 4 strokes. Tournament fees, travel, and accommodation costs are additional to coaching fees. ES Swimmers needs to sign up for an ECA from 3 to 4 pm on Wednesdays.
IISSAC Boys and Girls Basketball Training	Grades 6 to 12	Girls' coach: Mr. Jeff with Pak Gempar Boys' coach: Mr. Russell with Pak Karsiman	3.45 – 6.00 pm Training is on Mondays, Wednesdays, & Fridays	Finishes Sunday 25 February	BIS Covered Court	Selected IISSAC students will need to cover the cost of coaching, transport and accommodation for the Basketball tournament, cost for these to be advised later.	12 girls and 12 boys will be selected to represent BIS in the IISSAC tournament on Fri' 23 to Sun' 25 February, 2018. Must commit to training and maintain good academic record. Students will develop basketball skills, teamwork, and personal leadership ability with an aim to win the tournament.

يوم السبت 土曜日 Samedi शनिवार Samstag 星期六 SATURDAY sabtu Sábado 토요일 Zaterday

Swim Club	G1 and up	Swim Coach: Pak Chairul Team managed by Mr. Lane & Parents	9:00 – 10:00 am	Finished Saturday 26 May	BIS Swimming Pool	Approximately Rp 1,000,000,- each per semester (Final fee to be advised)	Focus is for young swimmers to develop stroke technique in all strokes. Tournament fees, travel and accommodation are additional to coaching fees.
Swim Club	Grade 4 and up but must be able to swim a minimum of 50m effectively in all 4 strokes.	Swim Coach: Pak Chairul Team managed by Mr. Lane & Parents	10:00 – 11.30 am	Finishes Saturday 26 May	BIS Swimming Pool	Approximately Rp 1,000,000,- each per semester (Final fee to be advised)	For students, who are able to effectively swim 50m in all strokes Tournament fees, travel, and accommodation costs are additional to coaching fees.
Fun Hike	Grade 5 up, Parents, Teachers, and Staff	Rosalina, Afi, and Rima	Once a month on weekends – dates to be announced	Finishes Saturday 2 June	Locations to be announced	No cost	Improve your muscular fitness, reduce your risk of feeling stressed be more ready to learn in school. Great chance to see beautiful scenery around Bandung.